



**MINUTES:** Meridian Anti-Drug Coalition General Meeting  
 Meridian Police Department, Media Room or \*Zoom  
 1401 E Watertower St, Meridian, ID 83642  
 February 19, 2026 | 4-5PM

**26 ATTENDEES: (19 In-person):** Kendall Nagy, Hailey Blogg, Heather Allan, Kati Chauvin, Earl Scharff, Anne Little Roberts, Danielle Fanopolous, Tiffany Myers, Yoonwa Sacheo, Caylee May, Cheryl Mulvihill, Justin Hunter, Katherine Holderness, Terry Austin, Syler Maben, Christy Boyes, Zach Peterson, Bernie Zimmerman, Nick Tran **(7 Zoom):** Sarah Wiechmann, Jacob Cluff, Sister Hansen, Becca Jenkins, Rebecca Perl, Brenda Willson, Lacy Ooi

TIME	SPEAKER   AGENDA ITEMS	NOTES
4:00	Kendall Nagy, Director: Additions to Agenda?   Welcome & Introductions	(all) sign-in, introductions
4:10	Guest Speaker: Heather Allan	<p><a href="#">Arrows of Strength</a> overview   <a href="#">Link to PowerPoint slides</a>, <a href="#">link to video</a>.</p> <p><b>(Heather)</b> There is a huge overlap with Arrows of Strength and Natural High (NH). Selah has been in this program for about 5 weeks and she has experienced her NH. Please view the video link to see for yourself. My name is Heather Allan and I am the Youth Alcohol and Substance Use Prevention Coordinator for Central District Health, I lead Boise’s Communities for Youth. But today I am here to talk about the non-profit Arrows of Strength. I am on one of the teams in the Valley who competitively shoots. As a female archer, it is empowering. It encourages youth to gain strength. It breaks my heart to see youth struggling in other areas like substance misuse, I want to help and start upstream. Protective factors are the positive relationships, skills, and environments that reduce the likelihood of substance use and other risky behaviors. They strengthen resilience and increase the likelihood of healthy choices. Upstream prevention focuses on intentionally building those protective factors early and consistently (before problems develop) rather than responding after harm has occurred. It shifts the focus from reaction to preparation. Archery works as upstream prevention. It builds focus, emotional regulation, discipline, and resiliency. These youth are around others who are experiencing the same thing. That is prevention by design. HOPE aka Healthy Outcomes from Positive Experiences, I didn’t build Arrows of Strength to be this model but it worked out that way. Four pillars of HOPE. Relationships, environment, engagement, and emotional growth. Community, being that protective multiplier for this program. The first thing I do is take the youth to the shop owner and introduce her and from that point on the owner will know them by name. Trusted adults are one of the key protective factors for our youth. Have parents take other kids to their competitions. Youth want to connect with their peers as well. Protective questions is - what peers and what environment? Those protective factors are built in to that situation. Mastery is protective because it is earned. It has something to do with Power Pose, confidence is a superpower, when you teach kids they have this superpower, they figure out they can do hard things. I am an archer and I have a place here. Our Logic Model is intentional. Archery is Upstream Prevention; it is not theoretical. It’s a safe space, there are mentors. There are peers encouraging them as well. In the way that Natural High overlaps with Arrows of Strength, Natural High is built on the Icelandic Model, watch how that model works in action. I built all my work around this model. If you can build a protective community, everything that affects them, this is one of the ways I’ve found it can work with as sport. If you can refer youth to the program, share with professional communities those are great ways you can support Arrows</p>



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		<p>of Strength. We currently work on a grant system. This program is at no cost to kids and their families. We offer scholarships. Youth go through 6 lessons, we've had people donate bows, they are making a direct impact in people's lives. They support athletes by donating funds. Youth have access to coaching if they need it later. Social media platforms: <a href="#">Facebook</a>, <a href="#">Instagram</a>. If you want to follow us, please do. <b>(Earl)</b> Is this a program just for females? <b>(Heather)</b> I say girls because it has the biggest impact with girls. Boys have a confidence already, girls don't. But I would coach anybody. <b>(Danielle)</b> Is it all local? <b>(Heather)</b> Yes, I can meet girls out at the Caldwell range or the fort Boise range. I have gone to Ketchum. <b>(Justin)</b> The range downtown? <b>(Heather)</b> Yes, there are a few indoor ranges. <b>(Anne)</b> Is there a range in Meridian? <b>(Heather)</b> No, but if someone wants to build the range that would be great! <b>(Kendall)</b> Thank you for sharing today and we appreciate all the hard work you are doing.</p>
<p><b>4:30</b></p>	<p><b>Executive Committee, Sector Representatives (SRs)</b> <b>Kati, Government SR:</b> multiple updates</p> <p><b>Caylee, Youth SR:</b> MVHS iDFY updates</p> <p><b>Yoonwa &amp; Tiffany, School SR:</b></p>	<p style="text-align: center;"><b>SR Action Items</b></p> <p><b>(Kati)</b> Presentations, Youth Engagement, Millennium Fund, Resource Link, Mini Grants One of my goals this year was to do more work in diversion. The Bridge is a youth diversion program and assessment center. I partnered with them recently working with parents and teens. 5 parents and 2 teens came to this event. A cessation specialist came and spoke to the teens, and those teens are still going. Parent Guardian Education, quarterly virtual presentations. Mon February 23<sup>rd</sup>, 98 people registered. Went to a meeting at Trinity Church, a group organized by project filter, I advocated for MADC. Another Family Night, on April 10<sup>th</sup>, that is the same time as the Idaho Prevention and Support Conference so new date TBD. Seven Oaks Elementary School, STEM night, I spoke to 248 youth individually about the little brain. The department of Health &amp; Welfare updated the <a href="#">link for ordering Narcan</a>. Mini grants available must be approved through opioid abatement strategies, reach out to <a href="#">Courtney Boyce</a> if interested. I am attending Millenium Fund meetings, there are a series of meetings taking place. For those who don't know Millenium Funds, come from class action lawsuits that come from agencies specifically marketing tobacco products to youth. I am confident we will maintain funding. Idaho Public TV advocated for all of us. Having their partnership has worked for us.</p> <p><b>(Caylee)</b> Mountain View High School's Idaho Drug Free Youth chapter is attending their first event on March 10<sup>th</sup>. Trying to get a meeting together, any ideas on how to get students there? <b>(Earl)</b> Food. <b>(Kati)</b> What is the event on the 10<sup>th</sup>? <b>(Caylee)</b> Course selection night, since we are a club we are able to attend and hopefully recruit some new members. <b>(Hailey)</b> They will be borrowing the spinny wheel and some candy/swag.</p> <p><b>(Yoonwa &amp; Tiffany) any information on Every 15 minutes?</b> <b>(Kendall)</b> West Ada School District (WASD) is working on possibility of an Every 15 Minutes program. MADC, Meridian PD, and Meridian FD, would be a supportive role. <b>(Danielle)</b> Every 15 Minutes, it's a reenactment of prom night, a couple teens under the influence sometimes one teen dies. It was impactful because it was kids we knew. <b>(Christy)</b> It is a lot to take on, but it is very impactful. Usually a student death is acted out which involves the coroners, and all the students see the cause of the crash and loss of the student. Grim reaper pulls kids out of class and those kids go to the</p>



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	<p><b>Earl, Parent SR:</b> no updates</p> <p><b>Robert, Law Enforcement SR:</b></p> <p><b>Brenda, Youth Serving SR:</b> R4BHB updates</p> <p><b>Jake, Religious SR:</b> legislative (drug policy) updates</p> <p><b>Danielle, Substance Misuse SR:</b> Employment Announcement</p>	<p>retreat. Guest speakers that night, parent retreat. Very emotional, I was a mentor at some of the nights. Kids don't know it's happening until it happens. <b>(Danielle)</b> A lot of support is needed. <b>(Earl)</b> There is a funeral service for the ones that died. <b>(Caylee)</b> Do the parents know it's fake going into it? <b>(Christy)</b> Yes, the parents involved do. Even when you know it's going to happen the parents have various reactions: cry, quiet, and some break down. More for the kids and student body. <b>(Yoonwa)</b> The kids know it's not real but it feels real.</p> <p><b>(Danielle)</b> It feels real. Like a movie. <b>(Earl)</b> Bodies are shown getting covered up. <b>(Hailey)</b> It's graphic. <b>(Kati)</b> Is there data going with it? <b>(Hailey)</b> I think it's evidence-based. CHP link to <a href="#">program</a>. <b>(Kati)</b> Evidence-based or evidence informed? <b>(Hailey)</b> I believe it's evidence-based but I could be wrong. <b>(Yoonwa)</b> Is there a school associated with this? <b>(Kendall)</b> This is based on preliminary conversations. It would be next year, we don't know specifics yet. There are a variety of ways to implement this program. I felt like it was important to share with you all, it will be a huge project. MADC has done this in the past. People who have come from California are interested in this and want to support this program. To my knowledge, WASD would take the lead on it. <b>(Earl)</b> sent newsletter information Trying to get at least one topic out a month to various private schools and public schools. WASD, Compass Charter, St. Ignatius, Cole Valley, and a couple youth groups.</p> <p><b>(Robert)</b> absent</p> <p><b>(Brenda)</b> A lot happening with the Regional Behavioral Health Boards (RBHBs) in the legislature. There is an action being held to eliminate the RBHB. <a href="#">SB1314</a>. This bill is looking to get rid of RBHBs and let the state figure out how to deal with it. It is frustrating because we have done a ton of things for the state. Education, training, grants, we are responsible for taking the needs and gaps for the governor's office. How will he address funds in the areas? Each region is unique to their area. Eliminating boards would be impactful and the history would be gone. A lot of cuts happening currently. That is just one that is being discussed. As soon as I get more info I will be sure to share it. It would be shocking to our community to lose these boards. <b>(Kendall)</b> Who is sponsoring that bill? <b>(Jake)</b> Looks like Senator Blaylock.</p> <p><b>(Jake)</b> tracking kratom legislation: On the legislative topic, there has been a Kratom Bill introduced, consumer protection act. <a href="#">SB1282</a>, introduced by Representative Sauter and Senator Nichols. It looks like it's a protection for distributors and manufacturers rather than the consumers. <b>(Kendall)</b> There are several states who have passed a kratom protection act, there are some that repealed it. Most recently Utah SB0045 is currently being heard. If it passes, they would have a complete ban, repeal the Kratom protection, and add 7OH and alkaloids to the controlled substances. In contact with Tia Matlock who lost her daughter to a fatal Kratom OD. Wherever you stand on that, make sure your voice is heard. <b>(Hailey)</b> Include link on <a href="#">how to testify</a>.</p> <p><b>(Danielle)</b> I am leaving Northpoint, in the middle of opening my own program. Adult outpatient. I brought one of my counterparts Justin from Northpoint. I am still staying on MADC. <b>(Kati)</b> Justin are you the Point of Contact for Northpoint? <b>(Justin)</b> Yes. <b>(Hailey)</b> <a href="#">Justin's info</a>.</p>
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	<p><b>Anne, Business SR:</b></p> <p><b>Susie, Civic SR:</b></p> <p><b>Jordan, Media SR:</b> Welcome back!</p>	<p><b>(Anne)</b> I am working on getting resources to legislators with the newest info <b>(Kendall)</b> Are you getting a consensus for a complete ban v. regulation? <b>(Anne)</b> Waffling, I’ve heard that and I’ve heard this. <b>(Kendall)</b> Anyone want to get involved reached out and I’d be happy to help.</p> <p><b>(Susie)</b> had to leave early</p> <p><b>(Jordan) (Kendall)</b> Jordan is back and had emergency communications to attend to, so she is not here today. She will be helping promote the Rx take-back in April.</p>
<p><b>4:45</b></p>	<p><b>Hailey Blogg, Secretary:</b> <a href="#">1/15/26 General Meeting Minutes</a> vote (sent out via email)   Independent Retailers Presentation, ISLD Mini Grant Update, IY-LCA Presentation, Battle for the Bolt, Costco Donation, CADCA Training</p>	<p><b>(Secretary)</b> record attendees, take minutes; special attention to action items &amp; votes   <b>(all)</b> vote to amend or approve minutes- motion, second, all in favor, anyone opposed? 1<sup>st</sup> – Earl, 2<sup>nd</sup> – Caylee. All in favor. Independent Retailers Presentation provided an overview of MADC and gave information regarding legislation and marijuana. Also provided information on different locations to access Naloxone. We were awarded the ISLD Mini Grant for 2026! We requested one Lifeloc in partnership with the MPD Alcohol Compliance Enforcement (ACE) Team and one alcohol shoulder tap and compliance check operation with the SRO team. Provided an MADC overview and some data to the Eagle HS marketing team, going back to the school tomorrow to hear the student pitches. This will give us some content ideas for the next year. Battle of the Bolt at Owyhee HS, thank you to Kati, Tiffany, Syler, and Robert for helping. 67 students participated in the NH booth. I reached out to Costco a while back and requested a donation and they donated a \$100 shop card. That will provide snacks and items for the Recovery Day Breakfast. CADCA NCA Training, Week one complete, and first webinar complete. There are 5 projects that need to be completed for graduation, which I will be working on until August. There may be times where I ask for feedback and/or data from coalition members. Any help I would greatly appreciate when I do.</p>
<p><b>4:50</b></p>	<p><b>Kendall:</b> signature gathering, movie night sponsorship</p>	<p><b>(all)</b> help identify sponsor for movie night, monitor legislation. <b>(Kendall)</b> Monte Stiles provided information and a fact sheet about ballot initiative that would legalize marijuana in Idaho. I wanted to touch on a few key points in this handout. This campaign is different because there is national funding and signature gathers are getting \$5 per signature. Some key bullet points. WHAT IDAHOANS NEED TO KNOW ABOUT THIS INITIATIVE: Contrary to how this initiative is being sold to voters, this is NOT a “tightly regulated” program limited to seriously ill patients. Instead, this carelessly written initiative would: Create a state-run marijuana program allowing sales through up to 18 dispensaries and the internet, with in-person delivery anywhere in Idaho—creating a statewide, on-demand marijuana marketplace. Allow virtually anyone to obtain a “medical” marijuana card because the list of “substantial health conditions” is so broad it includes common conditions such as “anxiety” and “insomnia.” Allow the purchase of marijuana without ANY medical recommendation from a doctor, requiring only a “diagnosis” of a listed condition—even if the physician is unaware the diagnosis will be used to obtain marijuana. Allow the monthly purchase of up to a quarter pound of smokable marijuana and 20 grams of THC extract. Increase taxpayer costs and expand state government bureaucracy by imposing significant new regulatory and administrative burdens on agencies such as the Idaho Department of Health and Welfare, the Idaho Board of Pharmacy, and the Idaho State Police. Deadline is April 30<sup>th</sup>, I’ve heard they have had good</p>



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		<p>momentum with gathering the signatures. Can include <a href="#">Monte's contact</a> in meeting minutes <b>(Earl)</b> It is legal to pay per signature. They tried to pass a bill, and if they aren't wearing a nametag can we get those names revoked? <b>(Kendall)</b> I like where you're going, but I don't know for sure. <b>(Earl)</b> Maybe Monte would know. <b>(Hailey)</b> You can reach out to him. <b>(Danielle)</b> He sends educational emails. <b>(Kendall)</b> <a href="#">SB1282</a> related to Kratom, was heard in the Senate Agriculture Affairs Committee on Feb. 26 and was sent to be amended. Tia Matlock, Chief Basterrechea and a few others testified against the bill. The majority of testimony was from industry representatives in favor of the bill. There are a few other bills related to prevention, listed on <a href="#">ODP website, Bill Tracker</a>. There will be a Public Health and Safety Team (PHAST) quarterly meeting with first responders, led by CDH. It is a Lunch and Learn on March 11<sup>th</sup> from 12PM – 1PM. <a href="#">RSVP</a>, they will be providing lunch and it's free. The presentation will focus on substance use trends—including fentanyl, methamphetamine, heroin, cocaine, xylazine, kratom, and youth substance use. Millennium Health will share local, regional, and national data to help contextualize what we're seeing both in our community and across the country. We are gearing up for Spring and Summer events. We would like to try and secure our spot for Sparklight Movie Night. We are looking for a sponsor. Fee is \$600, if there is an organization that wants to sponsor MADC, please let us know. <b>(Cheryl)</b> Do you have a date? <b>(Kendall)</b> Not yet, depends on sponsor.</p>
4:55	<b>Open Discussion</b>	<p><b>Learn More:</b> <a href="#">CDH Parent/Guardian Virtual Presentation Feb 23<sup>rd</sup></a> , <a href="#">PHAST Lunch and Learn March 10<sup>th</sup></a>, <a href="#">Idaho Prevention and Support Conference April 8<sup>th</sup> – 10<sup>th</sup></a>   <b>(Justin)</b> Mental Health facility is opening up next Tuesday on the 24<sup>th</sup>. <b>(Terry)</b> Kuna High School did a live accident reenactment with Natalie Marti. It was super impactful.</p>
<b>5:00pm</b> Adjourn Meeting		<b>Next MADC Meeting March 19, 2026 at 4PM</b>